

Choose well and get the right care

University and college life can take its toll on your health so it's really important you choose the right care first time!

Self Care - Hangover, grazed knee, cough, sore throat



Pharmacy - Fever, stomach upset, aches and pains, headache

GP - Ear pain, back pain, symptoms that won't go away



111

NHS

111 - Surgery closed? Not sure what service you need? Call 111

Urgent Care Centre - Sprains, fractures, minor burns, skin infection



A&E

NHS

A&E - Loss of consciousness, severe breathing, heavy bleeding – this is an emergency!

Don't forget to register with a doctor if you are new to the city or an international student!

www.nhs.uk/livewell/studenthealth

