

Student Health Centre Newsletter for New Students 2019-2020

Welcome to the Student Health Centre! Our mission is to provide the highest level of health care possible to our patients. We are made up of 2 practices; the Student Health centre and Radford Medical Practice. This newsletter includes information for new students starting in September.

How to Register at the Student Health Centre:



To register at the Student Health Centre, pop in to the practice or find us at our stall during Fresher's week. We will give you a registration form to fill out which will then need to be returned to the Student Health Centre at your convenience. You will then be successfully registered. Once this is completed, you can then arrange appointments with a nurse or doctor if needed.

Drop- in Sessions:

- *Full Sexual Health Check drop in: Tuesday afternoons 1:00pm-3:00pm.*
- *Blood Clinic: Tuesdays 08:15am-10:15am, and Thursday 08:15am-10:15am. Both sessions held at Radford Medical Practice.*
- *Wellness in Mind: Between 1:00pm-3:00pm at the Student Health Centre:*
 - *Tues 1st Oct 2019*
 - *Tues 29th Oct 2019*
 - *Tues 5th Feb 2019*
 - *Tues 26th Nov 2019*
 - *Tues 10th Dec 2019*
 - *Tues 4th Feb 2019*
 - *Tues 3rd March 2019*
 - *Tues 17th March 2019*

Are you vaccinated against Meningitis?

The MenACWY vaccine is a single injection in the upper arm to protect you against bacteria that causes meningitis and septicaemia. Students are particularly vulnerable to this and symptoms can be disguised as the feelings of a hangover or symptoms of flu. Ask at reception once you are registered in order to get vaccinated.

We are here to help, listen, and not tell! We offer a FREE range of services:

- Emergency contraception
- Pregnancy testing
- Sexual Health
- STI Screening
- Contraception and Advice
- C Card Scheme.

Ask at reception for a C Card- a service where you can receive free condoms, information and advice on safe sex and sexual health.



@NTU_Health



Radford Medical Practice
and Student Health Centre

Frequently Asked Questions:

[Can I still register if I commute to university?](#)

No. Registration depends on your address. Rather than just your student status. Instead visit the NHS Choices website to find a GP practice close to your home address.

[Can the nurses prescribe medicines?](#)

We have one nurse to who can prescribe medicines for patients. This nurse is available once during the week. If required, please ask reception when this nurse will be available.

[Do you have an STI clinic?](#)

Yes. We have sexual health clinic drop-in sessions every Tuesday between 1pm-3pm. During term time, you do not need an appointment. For out of term, please make an appointment at the reception. Chlamydia kits are also available in the toilets at the Student Health Centre. For self-testing, complete the test in the toilets and hand to reception for testing.

[Am I still registered once I have graduated?](#)

No- once you have graduated you are no longer and student and therefore unable to be registered at the Student Health Centre. If you are remaining in Nottingham, you can be transferred to our other practice at Radford Medical Practice, or use a GP practice close to your home address.

[Do I need a check up appointment to get my contraceptive pill?](#)

If you require your contraceptive pill, routine checks occur on an annual basis. Depending on how many pills you are prescribed at a time, you may not have to have a check up every time you require them.